## 

## JENNIFER BIRST

HAS COMPLETED THE

## SHEARWATER 5K

**IN THE** 

## **Shearwater 5K on the Trails**

WITH AN OFFICIAL TIME OF:

00:25:28

OVERALL: 12 / 146 GENDER: 5 / 78 AGE GROUP: 2 / 26 PACE: 8:12/mile